Explore. Survive. YOU are the Hero!

Rulebook
Object of the game

In short

Card types

Overview

Setup

Turn sequence

Action resolution

Consequences of actions and events

Life force – Action Deck and Discard Pile

Exploring the continent

Not enough room to put a card into play

Items

Saving the game

Resuming the game

Win or die!

Leaving or joining a game in progress

7 easily forgotten rules

Definitions

Credits

Icons

This rulebook

962 cards divided in different “decks”:

— 683 numbered Adventure cards

— 135 Exploration cards (with a foggy back)

— 118 Action cards (with a blue back)

— 11 Character cards

— 1 “Satchel & Journal” card

— 4 Clue cards

— 10 Save cards

7 explorer figures

4 fire figures (1 per player)

8 6-sided dice serving as durability counters for items within inventories

4 player aids

3 storing trays and 30 dividers to make it easier to find any card you need

1 magnifying glass to help you scrutinize all cards in play

1 double-sided holder for the Action cards’ Discard Pile

1907. A renowned explorer, you have just come back from the first expedition on the seventh continent, a mysterious land that was recently discovered off the coast of Antarctica and probably the very last terra incognita in the world.

You are recovering from your adventure when, whilst reading the daily newspaper, you realize that several other members of the expedition have disappeared suddenly, for unknown reasons.

Coincidentally, you have been lethargic for a few days, feeling feverish and finding it difficult to get up from bed. A cold shiver runs up and down your spine.

You have to face the facts: an evil is consuming you from within.

At nightfall, you fall into a restless sleep without knowing that, for you, this is only the beginning.

Read this before you set off for a new adventure

Table of contents

Contents
Object of the game

You have been cursed!

To win the game, players must lift each and every curse that they chose at the beginning of the game. Do not worry – the game will clearly let you know when this happens!

Note: this box contains the following curses: “The Voracious Goddess”, “The Bloody Hunt”, “The Offering to the Guardians” and “The Dark Chest of the Damned”. Expansions contain more curses that will add several hours of adventure and fun. You may add the cards of an expansion to the game even if you initially choose not to play with the curse that it comes with.

In short

The 7th Continent is a cooperative adventure, exploration and survival board game, in which you play against the game and try to lift the curses that have been placed on you. You may take up the challenge on your own or in a team of 2, 3 or 4 explorers.

Once you have selected your character, you will explore the seventh continent by resolving Exploration cards and putting numbered Adventure cards (Terrains and Permanent events) into play, which will gradually form the Board.

During the game, players decide collectively and freely which character will perform an action among those that can be seen on the Terrain card their figure is standing on, the Permanent event cards attached to that Terrain card, and the cards he/she has in hand and in his/her inventory.

To take these actions, you will use an Action Deck that represents the collective life force of your characters. All actions work the same way: you must pay their cost (the amount of energy needed to perform the action) by drawing a minimum required number of cards from the Action Deck, and obtain a minimum required number of successes (depending on the action’s difficulty) to perform them successfully. These successes appear in variable amounts on the cards you have just drawn.

Then, you will apply the consequence of the action, which depends on the success or failure of the action.

Failing at performing an action may have nasty consequences, such as causing you to take negative State cards, which may force you to discard cards from the Action Deck, thereby reducing your life force.

Want to stack all the odds in your favor? You may choose to draw more cards from the Action Deck to get more successes. However, every card in the Action Deck is a bit of your life force and when the Action Deck is exhausted, so are you – then, every action might well be your last.

Thankfully, the Skill and Bonus cards you have in hand, the Item cards in your inventory and the help from your companions in misery will make things easier for you, particularly by decreasing the cost of your actions or by increasing your chances of success.

Unlike most board games, The 7th Continent will make you experience one extended, non-stop adventure. It will take several hours of exploration and adventure to lift each curse… or die trying. This is where the easy saving system comes in so handy: you can stop playing at any time and resume your adventure later on.

We recommend that your sessions run between one and two hours, since some events – game/prey returning to be hunted, for example – cannot happen unless you save the game (as if you had camped for the night).

Note: as you play, you will discover that if you want to beat the 7th Continent and lift your curses, you will need to use your very best survival skills – gather food (by hunting or fishing, for instance) in order to regain some life force, craft items to help you survive dangerous situations, boost the Action Deck with Advanced Skill cards you can gain by spending the precious experience points you have earned, and so on.
Green or gold numbered cards include the terrains you will discover as you explore the continent, the predefined events (places, encounters, etc.) you can trigger, items you can find, as well as many more surprises to be discovered!

**Card types**

1. **Adventure cards**

   ![Adventure card back]

   Adventure cards are portions of the continent that remain in play on the Board. A player may move their figure to an Adventure card, take the actions shown on it, and use the resources shown on it to craft items at cheaper cost.

<table>
<thead>
<tr>
<th>1</th>
<th>2</th>
<th>3</th>
</tr>
</thead>
<tbody>
<tr>
<td>unique ID number</td>
<td>card number</td>
<td>flavor text</td>
</tr>
</tbody>
</table>

   **TERRAIN**

   Terrain cards are portions of the continent that remain in play on the Board. A player may move their figure to a Terrain card, take the actions shown on it, and use the resources shown on it to craft items at cheaper cost.

<table>
<thead>
<tr>
<th>1</th>
<th>2</th>
<th>3</th>
</tr>
</thead>
<tbody>
<tr>
<td>available action(s)</td>
<td>available resource(s)</td>
<td>Exploration card(s) to be put into play in the space indicated by the arrow</td>
</tr>
</tbody>
</table>

   **PERMANENT EVENT**

   Permanent event cards remain in play on the Board after they have been revealed (see “a permanent event”, p. 15). They are attached to the Terrain card in the direction their placement arrow points.

<table>
<thead>
<tr>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
</tr>
</thead>
<tbody>
<tr>
<td>placement arrow(s) (point(s) towards the Terrain card the event is attached to)</td>
<td>performed action that has caused the event to be put into play</td>
<td>flavor text</td>
<td>effect(s) and/or available action(s)</td>
</tr>
</tbody>
</table>

   **TEMPORARY EVENT**

   Temporary event cards are discarded (unless stated otherwise) into the Past – the play area into which players discard Adventure and Exploration cards – immediately after they have been resolved.

<table>
<thead>
<tr>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
<tbody>
<tr>
<td>card type – Temporary event</td>
<td>title</td>
<td>flavor text</td>
<td>effect(s) and/or available action(s)</td>
<td>keywords</td>
</tr>
</tbody>
</table>
**STATE**

State cards are harmful cards that players add to their hands after obtaining them along the adventure, generally when they fail at performing an action. In most cases, how you can get rid of a State card is explained on the card.

1. **card type** – State/Character
2. **title**
3. **flavor text**
4. **taking this state causes a loss of vital force (see p. 16)**
5. **effect(s) and/or available action(s)**

**BONUS**

Bonus cards are positive cards that players add to their hands after obtaining them along the adventure, such as companions, positive states and side quests that players can complete.

1. **card type** – Bonus
2. **title**
3. **flavor text**
4. **effect(s) and/or available action(s)**
5. **keywords**

**ITEM**

Item cards are placed in the players’ inventories and help them perform certain actions more easily or enable them to take new actions. They feature a die icon showing the number of times the item can be used before it is destroyed.

1. **card type** – Item – and initial durability
2. **title**
3. **flavor text**
4. **effect(s) and/or available action(s)**
5. **keywords**

**QUEST ITEM**

Quest item cards provide the players with helpful information and, in some cases, enable them to use positive effects or take new actions. They are stored under the “Satchel & Journal” card and the players may look at and read them at any time.

1. **card type** – Quest item
2. **title**
3. **flavor text**
4. **effect(s) and/or available action(s)**
5. **keywords**

---

**Important!** Card text overrides this rulebook.
2. Exploration cards

Exploration cards are events that occur randomly as you explore the continent. They can be permanent events, temporary events, found items, etc. Each Exploration card belongs to the area of the continent represented by the Roman numeral (I, II, III, IV, etc.) shown on the back of the card and on the Terrain card it is attached to.

Note: the unique ID number of an Exploration card can be seen on its front, in the top-right corner.

3. Action cards

Action cards include Skill cards and Curse cards.

Together, they form the Action Deck, that enables you to perform actions (see “Action resolution”, p. 11) and represents the players’ life force (see “Life force – Action Deck and Discard Pile”, p. 17).

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**SKILL**

Skill cards enable you to craft helpful items or benefit from positive effects.

- **Card type – Skill**
- **Title**
- **Purchasing cost** (Advanced Skills only)
- **Successes the card generates when revealed during the Result step of an action**
- **Effect(s) of the skill**
- **Effect(s) of the item** (once it has been crafted)
- **Keywords**
- **Unique ID number**

**CURSE**

Curse cards decrease the odds that players perform an action successfully (since they are worth zero success). They also cause all players to lose when they get drawn from the Discard Pile during the Cost step of an action while the Action Deck is empty.

- **Card type – Curse**
- **Title**
Players start the game with this card, under which they will store any Quest item cards acquired along the adventure.

Before the game begins, players select the Clue card(s) that correspond to the curse(s) they wish to try and lift. Each clue provides a piece of information that helps solve the curse it is associated with.

A clue is a Quest item card, so once selected, it is stored under the “Satchel & Journal” card and the players may look at and read it at any time.

When you wish to save the game, use Save cards to store the cards that are in the Action Deck and the Discard Pile and to keep track of the durability of the items in all players’ inventories.
Overview

ADVENTURE DECK
The Adventure Deck contains all numbered cards with a green or gold back. These cards may be terrains, events, items, etc.

EXPLORATION DECK
Exploration cards are random events and may have a variety of effects. Players must reveal and resolve an Exploration card before they can put the Terrain card it “hides” into play and therefore continue exploring the continent.

BOARD
Players build the Board as they explore the continent by putting face-up Terrain and Permanent event cards and face-down (foggy side up) Exploration cards into play.

CHARACTER FIGURES

1. front of a Terrain card
2. back of an Exploration card (foggy side)
3. front of a Permanent event card

SATCHEL & JOURNAL
All Quest item cards gained along the adventure must be stored under this card, which is shared by all players.

HAND
Each player has a hand that is empty at the beginning of the game, except for their Character card. A player’s hand may contain a limited number of Skill and Bonus cards (this number depends on player count – see “Satchel & Journal” card) and an unlimited number of State cards (however, no more than 1 of each state type).
ACTION DECK
The Action Deck contains Skill and Curse cards. Players pay for the cost of the actions they take by drawing cards from this deck. All players use the same Action Deck.

Each player chooses a Character card and adds it to their hand (remember to read the background story on the back).

Each player takes their character’s figure and one fire figure.

Place the “Satchel & Journal” card face up in front of one player. Optional – take a 777 card if you wish to play in “easy” mode, or a 650 card if you wish to play in “hardcore” mode (see p. 22).

Each player takes a number of dice based on player count, as shown on the “Satchel & Journal” card: 4 in solo / 3 with 2 players / 2 with 3-4 players.

Choose one or more Clue cards and store them under the “Satchel & Journal” card. Return any unselected Clue cards. You may choose several Clue cards if you wish to fight multiple curses at once. However, this makes the game significantly harder, since you will need to lift all the curses corresponding to these Clue cards to win the game. Therefore, we do not recommend you to do so in your initial games.

Shuffle the following cards together to form the Action Deck:
— The 35 Skill cards that are common to all characters;
— The 5 Skill cards that are specific to each of the characters taking part in the adventure (the character’s portrait can be seen on these);
— The Curse card(s) associated with the Clue(s) you have selected (Curse and Clue cards have the same title);
— The 4 Curse cards titled “Death is lurking!”.

If you have it, assemble the Discard Pile holder and place it next to the Action Deck.

Sort Exploration cards by area (I, II, III, IV, etc.) and then shuffle each pile and store it behind the corresponding divider (I, II, III, IV, etc.) in the game box, with the foggy side towards you.

Sort the and Adventure cards by ascending order (000 card on top), then place them in the storing trays with their numbered backs towards you, using the dividers [050, 100…].

Important! Green cards will always be placed before any gold cards bearing the same number.

Take the Adventure card indicated on the Clue card you have chosen (take the lowest numbered one if you have chosen multiple Clue cards), read the flavor text at the back of the card and then put it into play to form the Board. This Adventure card is the starting Terrain card of your adventure. Place the figure of each character taking part in the adventure on that card.

Place an Exploration card, foggy side up, next to each arrow visible on the starting Terrain card, making sure that their text is oriented the same way as on the other cards on the Board. These Exploration cards must bear the same Roman numeral as the Terrain card they are attached to.

Read out the introduction text “Read this before you set off for a new adventure” (page 2) as well as the Clue card you have selected (front AND back).
**Turn sequence**

### Choose the active player

On each turn, one player is collectively chosen to be the “active player” (it may be the same player as on the last turn if all players agree). If players cannot reach an agreement, the player to the left of the last active player becomes the new active player.

### Check for other involved characters

Any player whose figure is on the same *Terrain* card as the active player’s may get involved in the action (if the active player agrees) and thus use cards in their hand and/or inventory to help the active player.

### Take an action

The active player resolves the action of their choice among those visible (as an icon in a white square) on:

- the *Terrain* card their figure is standing on;
- an *Exploration* card attached to the *Terrain* card their figure is standing on;
- a *Permanent event* card attached to the *Terrain* card their figure is standing on;
- a *Temporary event* card they have just revealed (this action is mandatory);
- a *Skill*, *Bonus* or *State* card they have in hand;
- an *Item* card in their inventory;
- a *Quest item* card that is under the “Satchel & Journal” card.

Once the action has been entirely resolved, a new turn begins.

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**Important!**

An action cannot be taken if:

- another action is in progress;
- it has a prerequisite that players cannot meet;
- it has the icon and one or more players are not involved in it;
- this action is visible in the placement arrow of a *Permanent event* card attached to the *Terrain* card the player’s figure is standing on – this means that the action has already been performed and cannot be performed again on this *Terrain* card.

When the active player reveals a mandatory action, the involved players must first finish resolving the current action, and then immediately resolve that mandatory action.
An action is characterized by: an icon in a white square, its default cost, its difficulty (minimum number of successes you need to succeed), its consequences if you succeed and, in general, its consequences if you fail.

Important! If the icon is associated with an action, it cannot be performed unless ALL characters get involved in it.

Each involved character takes a 101 card.

AN ACTION IS RESOLVED BY THE FOLLOWING SEQUENCE:

1. ITEM

Each player involved in the action may use one or more items from their inventory, by removing 1 pip from the value of the die resting on each used item (no matter how many Item cards the item consists of). If that value reaches zero, the die is removed. For each item used this way, the player will be able to apply – at most once during the action – some or all of the effects of one or more Item cards it consists of, provided a icon associated with the effect matches the current action.

Important! Usually, the active player must draw cards from the top of the Action Deck. If the Action Deck is empty, the active player must shuffle the Discard Pile, place it face down and draw from it randomly instead. In this case, if they reveal a Curse card drawn from the Discard Pile, the game ends immediately and players lose (see “Life force – Action Deck and Discard Pile”, p.17).

2. COST

a. The active player determines the cost of the action:

- The default number of cards to draw from the Action Deck (shown in the blue diamond to the right of the action icon);
- If more than one player is involved in the action, they may decide to lower the cost of the action by any number of cards to draw and, on the other hand, increase the difficulty of the action by the same amount (required successes). This option is not available if the icon is associated with the action;
- Each player involved in the action may apply the effects of one or more cards from their hand, of one or more Item cards from their inventory used during step 1 (item), of one or more Permanent event cards attached to the Terrain card their figure is standing on, and/or of one or more Quest item cards, in order to decrease the number of cards to be drawn.

b. The active player draws a number of Action cards equal to the final cost of the action and places them face down in front of him/her.

- The active player may draw additional Action cards if they wish to boost their chances of succeeding, unless the action has a icon.

Any such additional cards are placed face down next to those previously drawn.

Note: as a reminder of which items you are currently using, you may move their die onto their artwork.

Note: the cost of an action may be zero, but never less than zero. In cases where the cost is lowered below zero, consider it to be zero.
Now, the active player reveals all the cards drawn during step 2.b:

- If a **Curse** card is revealed and it has been drawn from the Discard Pile while the Action Deck is empty, the game ends immediately and players lose.
- Otherwise, total the successes you have obtained:
  - Count the successes represented as full gold stars. You may freely combine any half-stars visible on the revealed cards as long as both their cards are facing the same way, in order to construct full gold stars.
  - Each player involved in the action may apply the effects of one or more cards from their hand, of one or more **Item** cards from their inventory used during step 1 (Item), of one or more **Permanent** event cards attached to the **Terrain** card their figure is standing on, and/or of one or more **Quest item** cards, in order to obtain additional successes.

**If the active player obtains at least as many successes as required by the action, the action is a success. Otherwise, it is a failure.**

### 4. SKILL

The active player may choose one **Skill** card among those revealed during step 3 (Result). They may add that card to their hand or to the hand of another player involved in the action, even if the card exceeds the hand size limit.

### 5. DISCARD

Discard all other **Item** and **Skill** cards drawn during step 2 (Cost) into the Discard Pile. Discard any **Item** cards that no longer have a die associated with them into the Discard Pile (**Action** cards) or the Past (**Adventure** or **Exploration** cards).

### 6. CONSEQUENCE

The active player applies the consequence of the action, depending on its result.

If the action is:
- a **success** – they apply the effects shown in the white section;
- a **failure** – they apply the effects shown in the black section.

If there is no such section, failing this action has no consequence.

Unless stated otherwise (e.g. “each involved character...”), the consequence of an action only applies to the active player.

The main consequences of actions are detailed on pages 14-15-16.

### 7. HAND SIZE LIMIT

Any involved player who has more **Skill** and/or **Bonus** cards in hand than the authorized limit must discard any excess cards of their choice.

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**Important!**

Each **icon** shown on certain **Item** and **Skill** cards is worth 1 success per **icon** obtained during this step.

**Important!**

Any **icon** and **icon** in the left strip of **Skill** cards are only taken into account when these cards are revealed during this step, not when they are in a player’s hand or inventory.

**Important!**

A **Skill** card that is specific to a character may only be added to that character’s hand.

A player may never add a **Curse** card to their hand.

**Important!**

If a collective action (one with several involved characters) is a failure, the active player must take a **100** card – they become paranoid – right after applying the consequence of the action.
Example:

Bruno wants to take the following action:

![Image of the action](image)

Ludovic offers his help and Bruno agrees. Ludovic will then be able to use cards from his hand and/or inventory in order to help Bruno.

**Step 1:** Bruno decides to use the shovel in his inventory, which will help him dig more easily. He removes 1 pip from the value of the die resting on the “Shovel” card.

**Step 2:** Bruno decides to apply the effect of his shovel to draw 2 fewer cards, bringing the action’s cost from 6+1 down to 4+1.

Since they are performing the action collectively, Bruno and Ludovic decide to lower the number of cards they must draw by -1. As a result of this choice, they must increase the required number of successes by +1.

The action they are performing together is now 2+3. Bruno draws 3 cards from the Action Deck and places them face down in front of him.

**Step 3:** Bruno reveals the 3 cards drawn during the Cost step. The first card shows 1 right half of a gold star and the icon. The second one is a Curse, which is worth zero success but has no other consequences, since it was drawn from the Action Deck. The third card shows 1 left half of a gold star.

Bruno manages to couple both half-stars and obtains his first success. His shovel brings him 1 success for each icon obtained during the Result step. Bruno therefore obtains a second success.

**Step 4:** Bruno already has 3 Skill cards in hand, which is the character limit with 2 players, so he decides to let Ludovic add one of the two revealed cards to his hand instead. In the end, Ludovic has obtained a new skill by helping Bruno to dig!

**Step 5:** Bruno discards the card and the card that was not kept during the Skill step.

**Step 6:** since the number of successes obtained (2) is greater than or equal to the required number of successes (2), the action is a success. Bruno therefore applies the consequence shown in the white section by taking a 063 card.

Here are your chances of succeeding at performing an action*, depending on its difficulty and the number of cards you draw during the Cost step:

<table>
<thead>
<tr>
<th>Number of cards drawn</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Required successes</td>
<td>55%</td>
<td>88%</td>
<td>97%</td>
<td>99%</td>
<td>99%</td>
<td>99%</td>
</tr>
<tr>
<td></td>
<td>6%</td>
<td>45%</td>
<td>75%</td>
<td>90%</td>
<td>97%</td>
<td>99%</td>
</tr>
<tr>
<td></td>
<td>2%</td>
<td>14%</td>
<td>39%</td>
<td>65%</td>
<td>82%</td>
<td>91%</td>
</tr>
<tr>
<td></td>
<td>2%</td>
<td>14%</td>
<td>34%</td>
<td>55%</td>
<td>72%</td>
<td></td>
</tr>
<tr>
<td></td>
<td>3%</td>
<td>12%</td>
<td>27%</td>
<td>45%</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>1%</td>
<td>4%</td>
<td>11%</td>
<td>22%</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>1%</td>
<td>3%</td>
<td>9%</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*These figures – which are constant throughout all player counts – are based on the number of successes (not the “lucky 7” icons) shown on the 35 initial Skill cards, that are common to all characters, and on each character’s 5 specific Skill cards. They do not take Advanced Skill cards into account.
Consequences of actions and events

Take a card summoned by a XXX numbox

When taking a numbered card as a consequence of an action or an event, the active player must take it from the Adventure Deck.

If one or several cards match the number:
The active player randomly takes one of the green cards and then reveals it. If there are none, they must take a gold card instead.

Important!
A player may only take a gold card if there are no available green cards bearing the same number in the Adventure Deck. If the only available card(s) has a gold back, make sure that a green card bearing the same number can be found behind the “The Past” or the “Banished cards” divider. If not, you might have put it in the wrong place.

If no card with that number is available:
The active player must immediately return ALL the Adventure cards in the Past to their place in the Adventure Deck and shuffle all the Exploration cards in the Past back into the Exploration Deck. Then they take the newly available card as explained above.

If several involved players are to take a numbered card:
The active player takes his/her card first and resolves it before the next involved player in clockwise order does the same.

If the numbox is associated with a banner:
When a numbox comes with a banner (blue or purple), the active player may either take a card matching the number in the numbox, or take a card whose number is equal to the number in the numbox + the number associated with the pictograph in the banner, provided one involved character is using an Item (by lowering its durability) or a Quest item card showing this pictograph and the associated number.

Example:
Bruno takes a swim/sail action, the consequence of which is to take a 159 card.

Since Bruno has a raft in his inventory and it shows a banner +5, he may either take a 159 card, or take a 164 card (159+5), if he used his raft during the Item step.

Important!
A player may only take a gold card if there are no available green cards bearing the same number in the Adventure Deck. If the only available card(s) has a gold back, make sure that a green card bearing the same number can be found behind the “The Past” or the “Banished cards” divider. If not, you might have put it in the wrong place.

Note: most Clue cards have a purple banner on the front, which is crucial at certain moments in the game to resolve the corresponding quest.

ONCE THIS CARD HAS BEEN Revealed, IF IT IS:

➤ A TERRAIN

The active player must put this card into play by placing it on the Board where instructed by the card that enabled them to take it, making sure that it is oriented the same way as the other cards on the Board.

Once that Terrain card is in play, the active player must place new Exploration cards, foggy side up, in each free adjacent space an arrow points towards. These new Exploration cards must bear the same Roman numeral as the Terrain card they are attached to.

Note: Terrain cards are generally put into play when an Exploration card is replaced or as a consequence of an event. Putting a Terrain card into play does not cause any figures to be moved automatically onto it.
A PERMANENT EVENT

The active player must put this card into play by placing it on the Board, making sure that its placement arrow points towards the *Terrain* card their figure is standing on and that the card is oriented the same way as the other cards on the Board.

This Permanent event is now attached to the *Terrain* card its placement arrow points towards, meaning that any actions, resources, and/or effects shown on the Event are now available to any player whose figure is on the *Terrain* card it is attached to.

A TEMPORARY EVENT

The active player must resolve this event and then discard the card into the Past – or banish it if the card states so.

Important!
If a temporary event shows a mandatory action, all players involved in the current action MUST take it right after the current action has been resolved and no other player may get involved in it (the active player remains unchanged).

AN ITEM

The active player may:
— add this card to their inventory, placing a die on it or combining it with an existing item in their inventory (see "Combining an item", p. 20);
— or give this card to another player who was involved in the action, so that this player adds it to their own inventory;
— or discard this card into the Past if they do not wish to keep it.

The number of dice each player owns and the number of Item cards they may combine under a single die (see "Combining an item", p. 20) depends on the number of players.

1 player: 4 items (dice), consisting of up to 4 Item cards each.
2 players: 3 items/player, consisting of up to 3 Item cards each.
3 players: 2 items/player, consisting of up to 3 Item cards each.
4 players: 2 items/player, consisting of up to 2 Item cards each.

A QUEST ITEM

The active player must slip this card under the "Satchel & Journal" card.

A SKILL or A BONUS

The active player may:
— add this card to their hand;
— or give this card to another player who was involved in the action, so that this player adds it to their own hand;
— or discard this card into the Past if they do not wish to keep it.
When a player reveals a State card, if the ✖️ icon can be seen on it, then they must immediately discard as many cards from the top of the Action Deck as they have ✧ Character/State cards in hand – unless an effect prevents them from getting that state. If there are no cards left in the Action Deck, the player randomly reveals cards from the Discard Pile instead. In this case, if one of the cards revealed from the Discard Pile is a ✧ Curse, the game ends immediately and players lose. Otherwise, all the revealed cards are shuffled back into the Discard Pile (see “Life force – Action Deck and Discard Pile”, p. 17).

Note: if a player takes several State cards at once, they must resolve them one by one in the order – left to right – they are referred to in the piece of text that instructed them to take these State cards.

The player must then add this ✧ card to their hand, unless an effect prevents them from getting that state. If they already have a State card with the same title in hand, they must return it to the Adventure Deck and replace it with the State card they have just taken.

If several players must take a state at the same time, the active player does first (they return any state bearing the same name from their hand, if applicable), then the next concerned player in clockwise order and so on, until all the concerned players have taken this state.

Note: there is no limit to the number of differently titled State cards a player may have in hand. How one gets rid of a State card is usually explained on the card.

Example: Bruno has the following State cards in hand: paranoid and freezing. He takes an action and Ludovic decides to get involved in it. The action is a failure and the consequence is “Each involved character takes a ✧ card”. Bruno takes a ✧ card and gets injured. Since the ✖️ icon can be seen on the revealed card, Bruno immediately discards 3 cards from the top of the Action Deck (1 for his ✧ Character card, 1 for his paranoid state, and 1 for his freezing state), then he adds the injured State card to his hand.

Ludovic too takes a ✧ card. Since the ✖️ icon cannot be seen on this card, he does not have to discard any cards from the Action Deck. Ludovic adds the injured State card to his hand.

Since several players were involved in the action and it was a failure, Bruno, as the active player, must take a ✧ card and gets paranoid. The ✖️ icon can be seen on the revealed card, so Bruno immediately discards 4 cards from the top of the Action Deck (1 for each ✧ card he has in hand). Since he is already paranoid, he returns the paranoid card he had in hand and replaces it with the paranoid card he has just taken.

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Take a card not directly summoned by a numbox

The players may have to take a card in the Adventure Deck without the card being summoned by a straightforward numbox – for instance when they find a hidden number (see “Spotting a hidden number”, p. 19), or add up the number in a numbox with the number in a blue or purple banner, or solve a riddle, etc.

When this is the case, a ??? icon must be visible at the back of the card you take, “???” being the number of the card that enabled you to take it. If that icon is not visible, then you must have taken the wrong card and must return it.

Discard a card

When the consequence of an action or event instructs you to discard a card, the active player must immediately put that card into the Discard Pile if it is an Action card (blue back), or into the Past if it is either an Adventure card (green or gold back) or an Exploration card (foggy back).
The Action Deck represents how much life force the whole group of players has.

As long as there are cards in the Action Deck:
- Players draw Action cards from the top of the Action Deck. If they draw a Curse card, this has no consequence.
- Players discard Action cards into the Discard Pile, which is face up and may be examined freely.
- When an effect enables players to put cards back into the Action Deck (either random or chosen cards, depending on the effect), these cards are shuffled back into it.

When the last card in the Action Deck is removed (discarded or drawn):
- Players must shuffle the Discard Pile and place it face down.

As long as there are no cards left in the Action Deck:
- During the Cost step of an action, the active player shuffles the face-down Discard Pile and then randomly draws Action cards from it. If they draw a Curse card, the game ends immediately and players lose.
- During the Discard step of an action, the active player shuffles the Action cards back into the face-down Discard Pile.
- When players must discard cards from the Action Deck (because of a icon on a newly taken state, for example), they reveal cards from the Discard Pile instead, before shuffling them back into it. If one of these cards is a Curse, the game ends immediately and players lose.
- When an effect allows players to shuffle cards back into the Action Deck from the Discard Pile, they re-form the Action Deck with the corresponding cards. Players will then resume drawing from the Action Deck as usual, since it now contains cards again, and flip the Discard Pile face up.

Banish a card

When the consequence of an action or event instructs you to banish a card, the active player must immediately remove that card from play once and for all by storing it behind the “Banished cards” divider in the box. All banished cards will be returned at the end of the game (when players lose or win).

Important!
If the consequence of an action instructs you to “banish a XXX card”, you must banish a green card from the Adventure Deck if possible, without looking at it.

Return a card

When the consequence of an action or event instructs you to return a card, the active player immediately places that card back in its original deck.

Lower item durability

The affected players (generally, the involved players) must lower the value(s) of one or more dice resting on Item cards in their inventories by the indicated amount, distributing that loss of durability in any way they like across several items in several inventories. When an item has a durability of zero, it can no longer lose any and all the cards forming the item must be discarded.

Example: Bruno has a shovel in his inventory and Ludovic has a bow in his. They take an action together and fail. The consequence of this failure is - . They decide to lower Bruno’s shovel’s durability by - and Ludovic’s bow’s durability by -. Bruno’s shovel is destroyed (the die is removed and the card is discarded to the Discard Pile) and the bow now has a durability of .

Move (a) character figure(s)

See “Exploring the continent”, p. 18-19.

Life force – Action Deck and Discard Pile

The Action Deck represents how much life force the whole group of players has.

As long as there are cards in the Action Deck:
- Players draw Action cards from the top of the Action Deck. If they draw a Curse card, this has no consequence.
- Players discard Action cards into the Discard Pile, which is face up and may be examined freely.
- When an effect enables players to put cards back into the Action Deck (either random or chosen cards, depending on the effect), these cards are shuffled back into it.

When the last card in the Action Deck is removed (discarded or drawn):
- Players must shuffle the Discard Pile and place it face down.

As long as there are no cards left in the Action Deck:
- During the Cost step of an action, the active player shuffles the face-down Discard Pile and then randomly draws Action cards from it. If they draw a Curse card, the game ends immediately and players lose.
- During the Discard step of an action, the active player shuffles the Action cards back into the face-down Discard Pile.
- When players must discard cards from the Action Deck (because of a icon on a newly taken state, for example), they reveal cards from the Discard Pile instead, before shuffling them back into it. If one of these cards is a Curse, the game ends immediately and players lose.
- When an effect allows players to shuffle cards back into the Action Deck from the Discard Pile, they re-form the Action Deck with the corresponding cards. Players will then resume drawing from the Action Deck as usual, since it now contains cards again, and flip the Discard Pile face up.
An Exploration card is a random event that hides a portion of the continent. You need to resolve an Exploration card in order to remove it and put the Adventure card (generally a Terrain card) that belongs there into play. This is how you explore the continent.

Once the Exploration card has been resolved and discarded, the active player must put an XXX Adventure card into play, replacing the Exploration card.

The number of this Adventure card is shown in the numbox associated with the arrow on the Terrain card that points towards the newly opened space.

Example: Bruno performs the pathfind action and applies its consequence by flipping the Exploration card over.

1. It is an Item card, which he chooses to add to his inventory.

2. The space the Exploration card used to occupy is now open, so Bruno takes the 009 Adventure card, associated with the arrow visible on his Terrain card, and puts it into play in the newly opened space. From now, he will be able to move to this new Terrain card by performing the move action.

Example: there are 3 cards left in the Action Deck. Bruno decides to take a 500 action. He draws the first 3 cards from the Action Deck, which becomes empty. He therefore sets these 3 cards aside, shuffles the Discard Pile, flips it over face down and randomly draws the remaining 2 cards from it. He reveals a card, but luckly, it was drawn from the Action Deck - not from the Discard Pile - so it has no effect. Afterwards, he shuffles the cards that were not kept back into the face-down Discard Pile. Next, Ludovic takes a 000 action, the consequence of which is to randomly take 6 cards from the Discard Pile and shuffle them back into the Action Deck. Thereby, he forms the Action Deck anew with these 6 cards.
The active player may take a visible action on the **Terrain** card their figure is standing on, in order to apply the following consequence: **“All involved characters move their figure to the same reachable **Terrain** card.”**

A reachable **Terrain** card is one that is connected to the active player’s **Terrain** card by an uninterrupted series of **Terrain** cards (no matter how many there are).

### Spotting a hidden number

Some **Terrain** and **Permanent event** cards contain hidden numbers. When players find one, they may discard the card on which they spotted it and replace it with the card bearing that number.

### Not enough room to put a card into play

When there is not enough room on the table to put a card into play, all characters must meet on the same **Terrain** card and then players must return the **Terrain** cards of their choice, along with the **Permanent event** cards attached to them, making sure that all remaining **Terrain** cards are reachable. The remaining cards are repositioned to the center of the table. If applicable, players must put new **Exploration** cards into play in every empty adjacent space an arrow on a **Terrain** card points towards.

### Items

When a player reveals an **Adventure** or **Exploration** card with the die icon, they may add it to their inventory or give it to another involved player, so that this player adds it to their inventory instead (see “Consequences of actions and events – An item”, p. 15).
The craft action available on certain Skill cards enables you to turn that Skill card from your hand into an Item card that goes into your inventory or another involved player’s inventory.

The items you can craft are made of resources. When these resources are available on your Terrain card or on a Permanent event attached to it, you may reduce the number of cards to be drawn during the Cost step of the craft action by -X as shown on the Skill card under each relevant resource icon.

Note: you may craft an item even if the resources it is made of are not available. When there is a fire figure on your Terrain card, you have the fire resource.

Example:
the wood resource is available on this Terrain card. The number of cards to be drawn to craft a raft is therefore 5 (default cost of the action) −3 (wood resource) = 2. Had the vine resource been available on this terrain too, the cost of the craft action would have been 0.

Once the craft action has been successfully performed, the active player may:
» create a new item by adding the Item card to their inventory and placing a die on it, that show the face matching the initial durability of the item;
» or combine the Item card with an existing item in their inventory (see "Combining an item" below);
» or give this card to another player who was involved in the action, so that this player takes one of the two options above.

Combining an item

When an Item card is found or crafted, the player may combine it with an existing item in their inventory in order to form one single item, without exceeding the allowed “stacking” limit, which depends on player count (as shown on the “Satchel & Journal” card). In this case, the newly combined Item card is placed at the bottom of the column it is added to, in last position, making sure that the lower part of the card remains visible (effects and keywords). If the newly combined Item card shares at least one keyword with the Item card the die is resting on (at the top of the column), its durability value is added to the value of that die (to a maximum of 6).

Example:
Bruno has a walking stick in his inventory. He decides to craft a bow. He may either put a die on the “Bow” card to create a new item, or combine the walking stick and the bow by sliding the “Bow” card underneath the “Walking stick” card. In this case, since both the “Bow” card and the “Walking stick” card have the keyword will, the value of the die resting on the “Walking stick” card increases by as many pips as the durability of the bow. This gives a total of 8, brought down to 3, which is the maximum possible durability for an item.

Relinquishing an item

A player may relinquish an item from their inventory at any time. In this case, the die is removed from it and all the cards it was consisting of are discarded.

It is not allowed to deconstruct an item voluntarily by just discarding one card from an item that is made up of multiple cards, unless it is part of the effect of the Item card (e.g.: the “Bolas” are discarded after use).
A player may use an item in their inventory – by lowering its durability by 1 – to apply some or all of the item’s effects when they are involved in an action to which the item’s effect applies, or to take an action featured on this item. Using an item enables the player to freely choose to apply some or all of the effects of one or more Item cards it consists of.

**Using an item**

**Example:** the empty can is a found item that helps you when you craft or dig.

The rudimentary flint is a Skill card that enables you to craft the “Rudimentary flint” item. Once crafted, this item enables you to take the make fire action.

**Giving or swapping an item**

Characters that are on the same Terrain card may freely give or swap one or more full items (i.e. all the Item cards the item consists of) to/with one another. However, they must discard 2 cards from the Action Deck every time an item is given or two items are swapped. A player may not combine an item they receive from another player with another item in their inventory.

**Saving the game**

Players may suspend and save the game at any time, as long as all character figures are on the same Terrain card and no player is performing an action or forced to take a mandatory action.

1. Discard all the cards on the Board into the Past, except for the Terrain card all characters’ figures are standing on.
2. Stack the remaining cards in the following order (from the bottom up) and put them behind the “Save” divider in the game box:
   a. for each character, his/her Character card, with the following cards underneath:
      i. all cards he/she has in hand;  
      ii. for each item in their inventory, one Save card (oriented in such a way that the durability of the item appears in the upper part of the card) with the cards that the item consists of underneath it;
   b. the “Discard Pile” Save card, with all the cards in the Discard Pile underneath it;
   c. the “Action Deck” Save card, with all the cards in the Action Deck underneath it;
   d. the “Satchel & Journal” card, with all the Quest item cards stored under it;
   e. the Terrain card where figures were standing.

**Resuming the game**

When you resume a game after suspending it:

1. Return all the cards in the Past to their place in their respective original deck (Adventure or Exploration);
2. Put the saved Terrain card back into play. Place the figures of all characters taking part in the adventure onto it and one Exploration card in front of each arrow;
3. Put the “Satchel & Journal” card back into play, with the cards it contains underneath it;
4. Put the Action Deck back into play;
5. Put the Discard Pile back into play;
6. Each player takes all their cards back in hand;
7. Each player puts the items from their inventory back into play, setting each item’s die to the value shown in the upper part of the item’s Save card;
8. Return all Save cards to the game box.

You’re now ready to go again!
YOU WIN!
The game ends and players win collectively if they manage to lift all the curses they had chosen to fight at the beginning of the game. The game will clearly let you know when this happens.

EASY MODE
If you are more into exploring than surviving, you may choose to play in “easy” mode. In that case, take a card before you begin the game.

HARDCORE MODE
Even if you manage to lift a curse, you can still try and play with it again later in “hardcore” mode. If you feel up to it, take a card before you begin the game.

ELIMINATED CHARACTER
A character is eliminated if the applicable consequence of an action they are involved in states “Your adventure is over”. In this case, the player must:

- discard all the Skill and Bonus cards they have in hand;
- discard all the Item cards in their inventory (they may not swap and/or give them with/to another player);
- return all the State cards they have in hand and banish all Skill cards showing their character’s face (whether they are in the Action Deck or in the Discard Pile).

The player may continue the adventure with a new character (see “Join a game in progress” below).

YOU LOSE...
The game ends immediately and players lose collectively if one of the following occurs:

- a player reveals a Curse card drawn or revealed from the Discard Pile while the Action Deck is empty;
- the applicable consequence of an action all characters are involved in states “Your adventure is over”.

Leaving or joining a game in progress

Leaving a game in progress
If the player leaves for good, apply the “eliminated character” rule. Otherwise, the player must save their cards, after swapping items with the other players if they wish to, and must then return all those of their character-specific Skill cards that are in the Action Deck and/or the Discard Pile (those in their hand and/or inventory are saved, not returned). Any of this character’s character-specific Skill cards that are in another player’s inventory will not be returned until they are discarded, unless the character has joined the game again by then.

Joining a game in progress
A player can easily join a game in progress or continue the adventure with their group if their character was eliminated. To do so, they choose any character they want to be, take the corresponding Character card and shuffle the 5 Skill cards specific to this character into the Action Deck. Immediately apply the new hand and inventory size limits, by discarding any excess cards and/or items in each player’s hand and/or inventory. The new character’s figure is placed onto the same Terrain card as the other figures.

7 easily forgotten rules

1. Every time you put a Terrain card into play, place an Exploration card (foggy side up) in each free adjacent space an arrow points towards.
2. A player may craft an item even if the resources it is primarily made of are not available. The resources being present simply makes it easier to craft the item.
3. When a player applies the consequence, the Terrain card they want to move their figure to must be connected to their current Terrain card by an uninterrupted series of Terrain cards.
4. Players may always draw more cards than required by the action, unless the action is locked.
5. “Success” and “Lucky 7” icons in the left strip of Skill cards are only ever taken into account when these cards are revealed during the Result step of an action.
6. During each action, at most one involved player may take in hand at most one Skill card, regardless of the number of cards drawn and the number of players involved.
7. If more than one player is involved in an action that is a failure, the active player must take a card – therefore becoming paranoid – right after applying the consequence of the action.
**Definitions**

**Action Deck**: contains the blue Action cards that players draw to perform actions.

**Active player**: the player whose turn it is (the one who takes an action).

**Advanced Skill cards**: new Skill cards that players can purchase at certain moments in the adventure (the game will let you know when you can) by spending the experience points they have earned.

**Adventure Deck**: contains the green and gold numbered Adventure cards.

**Banish**: remove a card from play once and for all. The card goes into the game box, behind the “Banished cards” divider and will be returned at the end of the game, after the players have won or lost.

**Board**: the area formed by the Terrain and Permanent event cards that are in play.

**Bonus cards**: positive cards that players obtain along the adventure and hold in hand.

**Character**: a character played by a player. “Character” is very often synonymous for “player”.

**Clue cards**: cards that players choose before they begin the adventure and that provide a hint as to how to lift the corresponding curse.

**Cost**: the minimum number of Action cards that must be drawn to perform the action.

**Curse cards**: cards from the Action Deck that can cause players to lose (see “Vital force – Action Deck and Discard Pile”, p. 17).

**Discard**: move an Action card (blue back) to the Discard Pile or an Adventure/Exploration card to the Past.

**Discard Pile**: the play area into which players discard Action cards (blue back).

**Draw**: take the top card(s) of the Action Deck.

**Durability**: the number of times an item can be used before it is destroyed.

**Experience points**: Adventure cards whose effect allows players to spend experience points at certain moments in the game to purchase Advanced Skill cards.

**Exploration Deck**: contains the Exploration cards (foggy back) that players must resolve/discard to continue exploring the continent.

**Hand**: the Skill, Bonus and State/Character cards a player has in hand.

**Inventory**: the play area in which a player places their Item cards.

**Involved character**: a player who takes an action or a character that is involved in an action taken by another player.

**Item cards**: cards in the inventory that were crafted or found along the adventure. They can be used to apply their effect(s).

**Keyword**: word that can be seen at the bottom of certain cards, that some actions and effects may refer to. It is also used for item combination (see p. 20).

**Numbox**: the dark-green icon in which the number of a card can be seen.

**Past**: the play area into which players discard Adventure (green or gold back) and Exploration cards (foggy back).

**Purchasing cost**: the number of experience points that must be spent to purchase an Advanced Skill card.

**Quest item cards**: cards that provide players with information and effects that help them in their quest. They are stored under the “Satchel & Journal” card and players may look through them at any time during the game and use them at will.

**Resource**: a component (wood, stone, bone, etc.) available on a Terrain card, Permanent event card, etc., that can lower the cost of the craft action.

**Return**: put a card back to its place in its original deck (in the Adventure Deck, sort cards by number and green cards always come before any gold cards bearing the same number).

**Satchel & Journal**: the card under which players store any Quest item cards they obtain.

**Skill cards**: cards with which players begin the adventure. There are 35 Skill cards common to all characters and 5 Skill cards specific to each character, which only that character may take in hand.

**State cards**: harmful cards that players obtain along the adventure and hold in hand.

**Successes**: icons needed to succeed at performing an action.

**Terrain card**: a card that represents a portion of the continent.

**This**: designates the card you are reading.

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**Credits**

This game is humbly dedicated to

Gary Chalk      Gary Gygax
Joe Dever       Steve Jackson
Didier Guiserix Ian Livingstone

Without their inspirational work, our lives would certainly have been very different.

Original design: Ludovic Roudy and Bruno Sautter
Artwork: Ludovic Roudy
Rules proofreading: Samuel Buggia, Jean-François Jet, Pierre Gamberoni
Cards proofreading: Pierre Gamberoni, Wladimir Kokkinopoulos, Malika Bellony
English translation: Pierre Gamberoni
English cards and rules proofreading: Jack Francisco, Elizabeth Sheeter

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DECKS
- Action cards
- Adventure cards
- Exploration cards

CARD TYPES
- A Curse card
- A Skill card
- A State or Character card
- A Bonus card (companion, positive state, side quest)
- An Item card whose durability is equal to the value of the die
- A Quest item card (to be stored underneath the “Satchel & Journal” card).
- A Temporary event that must be resolved immediately and then discarded.
- A Permanent event that must be put into play, oriented in the same way as the other cards on the Board, with its placement arrow pointing to the Terrain card your figure is standing on. It is then considered to be attached to that Terrain card.
- The purchasing cost (in experience points) of an Advanced Skill card.

ACTIONS
An action players may take (see “Action resolution”, p. 11).

ACTION CONSEQUENCES AND CARD EFFECTS
Take a card bearing this number from the Adventure Deck (green by default; gold only if no green card is available). This icon is referred to as a “numbox”.

Listen to the game’s original soundtrack on www.the7thcontinent.com/music